

HEARTY BREAKFASTS

Full English 12.00

Lean back bacon, butchers sausages, button mushrooms, plum tomatoes, baked beans, fried egg & toast

Monton Carlo's Best Breakfast (off the beaten track!!) 14.00 Rashers of lean back bacon, butchers sausages, black pudding, turkey bacon strips, fried spam, plum tomatoes, button mushrooms, mini hash browns, baked beans, 2 fried eggs & toast.

Veggie Breakfast (v) 12.00

Plant based sausages, plum tomatoes, button mushrooms, mini hash browns, smashed avocado, fried egg & toast. (Vegan option available)

Fit Bit 10.00

Turkey bacon strips, scrambled egg whites & spinach, grape tomatoes, seasonal mixed fruits, served with a Gluten free English muffin

WATERSIDE PANCAKES

Stacked fluffy American pancakes, finished with any of the following toppings.

Cinnamon crumb, toffee pieces, chocolate & toffee sauce- 9.50

Double berry, toffee & banana, maple syrup - 9.50

Lightly spiced coated chicken strips, maple syrup & chef's gravy - 11.50

Loaded with fresh fruit, natural yoghurt, granola, honey comb - 9.00



WATERSIDE BENEDICTS

All of the following are served with poached eggs on a freshly toasted muffin, coated in hollandaise sauce & chives

Bacon & Egg - 8.50 Smashed Avocado & Smoked Salmon - 8.95 Steak Strips - 10.95 Grilled Halloumi & Avocado - 8.95 Panko Chicken Strips, Bacon Pieces - 10.95

EGG OMELETTES

The Bear Chef £9.50

Cream cheese omelette, topped with crushed cheese tortillas & chives.

Loaded £8.50

Sausage, lean back bacon, spam, turkey bacon strips.

Veggie £7.50

Smashed avocado, spinach, mushrooms, hash browns, vegan sausage.

MUFFINS

Sausage - 4.95

Bacon - 4.95

Bacon & Sausage - 5.50

Bacon, Sausage & Egg - 6.95

Add a fried egg for £1.50

POWER BOWLS

A refreshing mix of natural Greek yoghurt, crunchy granola, topped with honey bee pollen pearls... Choose one of the following:-

Mixed berries - 7.95

Fresh strawberries, raspberries, blueberries & a mixed fruit compote

Tropical Mix - 7.95

Fresh mango. pineapple & a passion fruit coulis Super Seeds - 7.95 Chai, flax & sunflower seeds

LOADED MILKSHAKES

oreo: peanut butter: banoffee: strawberry:

vanilla: salted caramel: chocolate & peanut butter:

cheesecake of the day : cold brew coffee :

ALL 6.95

Scrambled eggs, smashed avocado, halloumi, chilli flakes - 10.95

PLEASE LET YOUR SERVER KNOW OF ANY KNOWN ALLERGIES..

Separate Vegan menu available, All weights stated are approximate uncooked - Menu subject to change due to produce availability.- All noticeable bones from our filleted fish dishes will be removed, however, some small bones may still be present . Food produced in a kitchen where flour, nuts & nut products

