

# lunch menu

Served from noon to 5pm

## Starters

### **HOMEMADE SOUP OF THE DAY £ 3.50 'V'**

Seasonally reflected soup, served with freshly baked crusty bread

### **PRAWN COCKTAIL £ 4.95**

The finest fresh succulent prawns tossed through baby gem lettuce & concasse tomato, dressed in our homemade Marie rose sauce, dusted with paprika

### **FETA CHEESE TARTLET £ 4.95 'V'**

Well balanced feta cheese with vibrant sun blushed tomatoes, succulent olives & fresh basil all in a crisp short crust pastry casing, dressed with a sharp balsamic reduction

### **FISHCAKES £ 4.95**

Lightly flaked natural smoked haddock bound with sautéed spring onions & crushed potatoes, served with a lemon & crème fraîche dressing

### **KING PRAWNS IN FILO £ 4.95**

Wrapped in a light filo pastry, cooked until crispy, served with a sweet chilli dip

### **BAKED CAMEMBERT £ 5.95 'V'**

A rich whole French camembert studded with thyme & oven baked, served with crusty bread & red onion marmalade

### **HOMEMADE CHICKEN LIVER PATE £ 5.25**

Smooth pate blended with port wine, served with slices of toasted crusty bread completed with a red onion jam

### **BACON & BLACK PUDDING TART £ 5.50**

Locally sourced diced black pudding with smoked bacon lardons in light pastry casing, topped with a soft poached egg and our very own brown sauce

### **GOATS CHEESE & ROASTED PEPPER BRUSHETTA £ 5.50 'V'**

Slices of lightly toasted bread, topped with melted goats cheese & roasted red peppers, served with caramelised red onion chutney

## Salads

A classic Waterside salad bowl consists of a selection of the finest wild lettuce leaves, fresh ripe tomatoes, peppers, cucumber & red onion, all topped with homemade seasoned croutons **£ 7.95**

- **GOATS CHEESE & ROASTED PEPPERS**
- **FETA AND OLIVES**
- **PAN FRIED KING PRAWN & CHORIZO**
- **CHICKEN BREAST & ROASTED BEETROOT**
- **FRESH FILLET OF MACKEREL & LEMON DRESSING**
- **CHICKEN, BLACK PUDDING & BACON TOPPED WITH A POACHED EGG**

### **CLASSIC CHICKEN CAESAR SALAD BOWL**

Smoked bacon & chicken breast folded through a Caesar dressing, baby gem lettuce, teamed with home made seasoned croutons, all topped with fresh parmesan

## Sandwiches

All served with house salad & homemade hand cut chips on an olive oil focaccia bread

### **CLASSIC STEAK SANDWICH £6.50**

Cooked to your liking with sautéed mushrooms & onions

### **TRADITIONAL CLUB SANDWICH £6.50**

Chicken, bacon & melted cheese, accompanied by grilled tomato

### **FETA & ROASTED PEPPERS £6.50 'V'**

Feta cheese lightly grilled with roasted mixed peppers.

### **SAUSAGE & CARAMELISED ONION £6.50**

Grilled Cumberland sausage with a homemade red onion chutney

### **GOATS CHEESE & ONION CHUTNEY £5.95 'V'**

Warm goat's cheese & our very own homemade red onion chutney.

### **PRAWN MARIE ROSE £5.95**

Succulent prawns in a classic homemade Marie Rose sauce, dusted with paprika.

### **FILLET OF MACKEREL £6.50**

An open sandwich of grilled fillet of mackerel sat on a warm new potato salad & fresh watercress, garnished with a lemon crème fraîche dressing

## Classic home made burgers

Our signature burgers are A MUST for any meat hungry individuals!! All come with fresh salad & home made hand cut chips on lightly toasted olive oil focaccia bread, all topped with our home made tomato salsa

### **THAI TURKEY £ 7.50**

Lightly grilled turkey burger infused with fragrant Asian Spices topped with a spicy Thai salsa

### **STUFFED PRIME BEEF £ 7.50**

Prime beef stuffed with mature cheddar, stacked high with sliced beef tomato & mushrooms

### **PRIME AGED BEEF £ 6.95**

Prime aged beef, grilled to perfection, what more can we say!!

### **MINTED LAMB £ 7.50**

Succulent minced lamb mixed with fresh mint

## Fish Dishes

### **SCOTTISH SALMON £ 10.50**

Fillet of fresh salmon sat on a potato, olive & roasted tomato medley, served with chef's seasonal vegetables

### **GRILLED FILLET OF PANGASIUUS £ 11.95**

A firm white fish (a good alternative to the ever decreasing cod) sat on a potato, olive and roast tomato medley, served with a shallot, caper & white wine beurre blanc & served with chef's seasonal vegetables & potatoes

### **POSH FISH & CHIPS £ 10.95**

A fresh fillet of white fish in a crisp beer batter, served with hand cut chips, homemade mushy peas and tartar sauce

## Pasta & rice dishes

### CHICKEN & MUSHROOM TAGLIATELLE

£ 7.95 ( £6.95 'V')

Chicken, smoked bacon, mushrooms & onions in a cream & garlic sauce with tagliatelle pasta

### CHICKEN, CHORIZO &

TOMATO PASTA £ 7.95 ( £ 6.95 'V')

Delicately cooked Penne pasta finished with Spanish pan fried chorizo sausage, combined in a rich tomato based sauce

### CROMPTON'S CHICKEN TROSSIETTE

£ 8.50 ( £ 7.50 'V')

Pan fried strips of chicken tossed with penne pasta, garlic, chicken veloute, finished with crunchy broccoli, sugar snap peas, carrot batons, topped with toasted pine nuts

### SMOKED HADDOCK RISOTTO £ 8.95

Flaked naturally smoked haddock & lightly wilted spinach, all folded through a rich cream risotto topped with a poached egg & fresh parmesan cheese

### WILD MUSHROOM RISOTTO £ 7.95 'V'

Pan fried wild mushrooms tossed in garlic & folded through a creamy risotto topped with fresh parmesan cheese

## For the hungrier ones!!

### SAUSAGE & MASH £ 7.95

Three traditional Cumberland sausage links with a rich onion gravy and smooth potato mash

### MEDITERRANEAN VEG. TARTLET £ 8.95 'V'

Avocado, mozzarella, basil & cherry tomato filo tartlet served with roasted vine tomatoes & wild rocket drizzled with a balsamic reduction with new potatoes

### CHICKEN & LEEK PIE £ 7.95

Diced chicken and creamed leeks in a rich veloute sauce under a light puff pastry lid served with homemade chips

Don't forget to book your table for  
THE best Sunday lunch in town.

Please ask any member of staff  
who will be happy to help

## From the grill

### 8oz SIRLOIN GARNI £ 14.50

8oz prime middle cut sirloin with wild mushrooms, beef tomato, braised onion & hand cut chips.

### 10oz RIB EYE STEAK £ 14.95

Succulent rib eye, "the tastiest cut of all", with sautéed wild garlic mushrooms, served with homemade hand cut chips.

### 6oz FLATTENED STEAK £ 8.50

Tender flattened steak cooked either rare or well done, infused with garlic, chilli & lime zest, served with homemade hand cut chips (Can be served plain with sauteed mushrooms if you prefer!!)

Any of the above steaks may be accompanied by either:-

- au poivre sauce
- red wine jus
- blue cheese & cream sauce
- Dianne sauce

At £ 1.75 EXTRA

## S ide O rders

Fresh breads & oils	£ 2.50
Marinated olives	£ 2.95
Bread, marinated olives & oils	£ 3.50
House nacho's	£ 2.95
Garlic bread	£ 2.50
Garlic bread with cheese	£ 2.95
Large bowl of home made hand cut chips	£ 2.95
Waterside Fat fries	£ 2.95
Shoe string fries	£ 1.95
Seasonal vegetables	£ 1.95
House salad	£ 2.50
Green salad topped with parmesan & pine nuts	£ 2.50

Make sure you leave enough room for  
dessert; we have a fantastic range of  
carefully selected puddings and desserts,  
washed down with a choice of speciality  
coffees & tea's.

Please ask to see the menus

# 'A food lover's paradise in the heart of Monton'